

Coping With  
NYC REMAC Epi-Options

Who?	Route	Concentration	mg/kg
Neonate	Tube	1:10,000	0.1
Neonate	Vascular	1:10,000	0.01
Pediatric	Tube	1:1,000	0.1
Pediatric	Vascular	1:10,000	0.01
Asthma	Intramuscular	1:1,000	0.01
Anaphylaxis PED	Tube	1:10,000	0.01
Anaphylaxis	Intramuscular	1:1,000	0.01

How I remember this

Who?	Route	Concentration	mg/kg
Neonate	T - Tube	1:10,000	0.1 (10xdown the tube)
Neonate	V - Vascular	1:10,000	0.01
Pediatric	T - Tube	1:1,000 the anomaly	0.1 (10xdown the tube)
Pediatric	V - Vascular	1:10,000	0.01
Asthma	Mary - Intra <u>M</u> uscular	1:1,000 (as always for IM)	0.01 (as always for IM)
Anaphylaxis PED	Tyler - Tube	1:10,000	0.01
Anaphylaxis	Moore - Intra <u>M</u> uscular	1:1,000 (as always for IM)	0.01 (as always for IM)